The Journal of Animal & Plant Sciences, 28(5): 2018, Page: 1321-1328 ISSN: 1018-7081

PRODUCTION OF CALLUS BIOMASS AND ANTIOXIDANT SECONDARY METABOLITES IN BLACK CUMIN

A. Bibi¹, M. A. Khan², M. Adil³ and Z. U. R. Mashwani^{1*}

¹Department of Botany, PMAS Arid Agriculture University, Rawalpindi 46300, Pakistan; ²Department of Biotechnology, Faculty of Chemical and Life Sciences, Abdul Wali Khan University Mardan (AWKUM), Mardan 23390, Pakistan; ³Department of Biotechnology, Quaid-i-Azam University, Islamabad 45320, Pakistan; *Correspondence author e-mail: zia.botany@gmail.com, mashwani@uaar.edu.pk

ABSTRACT

Black cumin (*Nigella sativa*) is a medicinally significant plant species, used traditionally against a variety of diseases. In this investigation, efficient methods for *in vitro* seed germination and callus formation were developed. Further, the antioxidant potential was determined in the regenerated tissues. The results showed highest germination frequency in the black cumin seeds when incubated on MS (Murashige and Skoog, 1962) medium supplemented with 1.0 mg/L Gibberellic acid (GA₃). Among the different pretreatment solutions, H₂O₂ favored highest germination frequency followed by KNO₃. Callus biomass formation was initiated in cotyledon explants, and highest callus induction frequency (88%) was observed on MS media supplemented with 4.0 mg/L Thidiazuron (TDZ) plus 4.0 mg/L α-naphthalene acetic acid (NAA). In callus cultures, growth kinetics was inspected to determine the impact of culture period on antioxidant potential in relation to biomass accumulation. Highest dry biomass (13.2 mg/l) was recorded on day 35 of the growth curve at TDZ+NAA (4.0 mg/L; each). Further, more phenolics (TPC: 1.48 mg) and flavanoids (TFC: 0.58) were detected in calli harvested on day 35. Moreover, the DPPH radical scavenging activity in the callus cultures of black cumin was observed in correlation with accumulation of dry biomass.

Key words: Black cumin, callus, growth curve, phenolics, antioxidant activity.

Abbreviations: PGR=Plant growth regulator, DBM=Dry bio mass, TPC= Total phenolic content, TFC= Total flavonoid content, FRSA=Free radical scavenging activity, MS= Murashige and Skoog, DPPH= 1,1-diphenyl-2-picryl-hydrazyl

INTRODUCTION

Black cumin (Nigella sativa) of family Ranunculaceae is cultivated globally for its black seeds which are used as a preservative or spice agent in a variety of food products (Atta 2003; Salem 2005). Seed oil extracted from wild grown black cumin has many applications in contemporary naturopathic therapeutics such as antidiarrheal, carminative, appetite stimulant, liver tonic and in treatment against asthma, respiratory oppression, bronchospasm coughs, back pain, obesity and hypertension (Abdel-Zaher et al. 2011). Despite its enormous biological potency, the wild grown black cumin plants are exhibiting extreme variability in the phytochemical profiles due to adverse effects of fluctuating climatic and environmental conditions. Further, lack of local and uniform farming practices has restricted the production of phytochemically consistent black cumin plantlets, those can be used in preparation of effective phyto medicines (Khan et al. 2015). Using the biotechnological methods for instance in vitro seed germination, micropropagation and callus organogenesis can prevent the issues of variability and thus can provide promising means for production of healthy plant material, irrespective of the environmental constrains in controlled conditions and in limited space (Abbasi et al. 2010; Khan

et al. 2013). In vitro seed germination is a good strategy for production of plants with consistent phytochemical profiles under controlled and aseptic conditions in a short span of time (Khan et al. 2013; Nikolic et al. 2006). Besides, this technique provides continuous source of different explants which can be used as a starting material for establishment of different in vitro cultures in the time when the natural growing season is off (Shoji et al. 2008; Khan et al. 2013). Callus cultures can serve the in vitro production of a variety of bioactive compounds. Besides callus can also be used as a type of explant for establishment of somatic embryogenesis, rhizogenesis or can be converted into shoots, depending on the type of growth regulators and culture media (Khan et al. 2014). The in vitro regenerated plant tissues produce comparatively higher amount of phenolic, flavonoid and antioxidant components than wild counterparts (Khan et al. 2014). Usually during unusual conditions, different reactive oxygen species (ROS) are produced which interact with biological molecules and cause multiple problems such as inhibition of growth, differentiation and metabolite production (Shoji et al. 2008). When produced in higher levels, the ROS can induce cell toxicity, resulting in number of human diseases including inflammation, coronary disorders, carcinoma, neurondegeneration and cancer (Dreher and Junod, 1996;

Halliwell, 2001; Halliwell and Gutteridge, 2007). Plant cell copes with the detrimental effects of ROS through action of its enzymatic system via functional antioxidative enzymes or through non-enzvme components like plant poly phenols (Valko et al. 2006; Khan et al. 2017). Within the different classes of phytochemicals, phenolics and flavonoids are known to have higher antioxidant potential as compared to carotenoids and vitamins (Cie'sla et al. 2012). Looking the medicinal significance of antioxidant metabolites, black cumin was exploited in vitro for incrementing the antioxidant activity. The current investigation was aimed to develop feasible methods for in vitro seed germination and callus formation in black cumin. Moreover TPC, TFC and DPPHo antioxidant activity were also determined in the regenerated callus tissues.

MATERIALS AND METHODS

Plant germplasm and sterilization: Black cumin seeds were obtained from National Agriculture Research Centre (NARC) Islamabad, Pakistan in 2014. Viability of seeds was confirmed by using float test method. Surface sterilization of the viable seeds was employed as per the established protocol of Abbasi *et al.* (2010). Briefly, seeds were treated with 70% (v/v) ethyl alcohol for 3 min followed by washing step with distilled water, further treated with 0.1% (w/v) HgCl₂ for 5 min and finally washed 3 times with autoclaved distilled water.

In vitro seed germination and explants preparation: In preliminary studies, seeds were germinated in Petri dishes lined with filter paper under the laboratory condition (22-25 $^{\circ}$ C). Filter paper was moistened by distilled water after every 3 days. In another set of experiments, seeds were employed *in vitro* on MS medium with or without addition of Gibberellic acid (GA₃) at varying levels (0.1 – 2.0 mg/L). For further germination tests, seeds were treated with KNO₃ (1%) (v/v), H₂O₂ (0.5 %), H₂SO₄ (0.5 %) and boric acid (1%) as pretreatment solutions.

Callus induction, biomass formation and growth dynamics: Initially four different explants were tested on MS medium containing 4.0 mg/L NAA for callus induction. Due to its higher morphogenetic potential, cotyledon explants were selected for studying callus growth kinetics. Cotyledon explants (~2.5 mm²) were taken from one month old *in vitro* germinated black cumin plantlets and were subsequently cultured on MS medium containing 3% sucrose (w/v), 0.8% agar (w/v) and varying levels of different plant growth regulators (PGRs). Within the different PGRs, notable cytokinins including kinetin (Kn), benzyl-aminopurine (BAP) and thidiazuron (TDZ) and auxin such as α-naphthalene acetic acid (NAA) were tested *in vitro* at concentrations (2.0-6.0 mg/L) either individually or combination of the

cytokinins with 4.0 mg/L NAA. For control treatment, MS zero medium i.e media containing no PGRs was used. The growth chamber was adjusted with temperature at 25 ± 2°C and lighting conditions for control photoperiod (16 hr. light & 8 hr. dark). Data on several aspects of callus growth was recorded as (i) frequency of callus induction in explants (ii) diameter of callus and (iii) morphological characteristics of callus cultures after one month of culture cultivation. For growth kinetics 30 days old callus was harvested and 0.1 g callus tissue was inoculated on MS media combined with 4.0 mg/l TDZ plus 4.0 mg/l NAA. Bio mass formation in callus cultures was measured as fresh weight (FW) and dry weight (DW) after every 7 days in total of 42 days. All experiments were performed in triplicate culture flasks and were repeated twice.

Phytochemical estimation of the callus cultures: Extraction of the metabolites from the samples was carried according to the modified protocol of Khan *et al.* (2013). For the determination of total phenolic content (TPC) and total flavonoid content (TFC) in the regenerated plant samples, the methods of Velioglu *et al.* (1998) and Chang *et al.* (2002) were used respectively. Antioxidant activity in the *in vitro* raised samples was demonstrated according to the protocol of Abbasi *et al.* (2010). Briefly, 20 μl of each biological sample were mixed with 180μl of DPPH° solution in each well of 96 well microplate. The mixture was kept in dark for 1hour at 25 °C. The absorbance was measured at 517 nm. The free radical scavenging activity (FRSA %) was formulated as:

% scavenging DPPH free radical = 100 x (1-AE/AD)

Where, AE denotes absorbance of the mixture at 517 nm and AD denotes the absorbance of the DPPH solution without adding anything.

Statistical analysis: Data was collected from all the experiments in triplicates and subjected to statistical analysis by using Statistix 8.1. Statistical significance in data was determined by one way ANOVA at P < 0. Data figures were generated through Origin 8.5.

RESULTS AND DISCUSSION

In vitro seed germination: The confined seed dormancy is the major constrain in cultivation of medicinal and aromatic plants. For successful micropropagation protocol it is vital to have an aseptic continuous supply of germplasm as a source of explants. Thus in vitro seed germination can be a promising source of hygienic germplasm for preparation of different explants (Khan et al. 2013). In this study, highest seed germination frequency (91%) was observed when surface sterilized black seeds were incubated on MS medium containing 1.0 mg/l GA₃ (Fig. 1a). An increase in level of GA₃ beyond an optimal level resulted in decline of

germination frequency. GA3 is reported for its profound activity to overcome dormancy in Parthenium argentatum (Dissanayake et al. 2010). Among the germination tests with different chemicals, Hydrogen peroxide induced higher germination frequency in seeds followed by KNO₃; however, the lowest germination frequency (33%) was observed in seeds on filter paper moisten with distilled water. Black cumin seeds usually possess dormancy and even in presence of favorable conditions, seeds fail to germinate in their natural habitat. However there are many other factors too which can inhibit seed germination (Finch S & Leubner M, 2006). Preconditioning treatments of seeds with various chemical agents have proven as effective strategies for breaking the physiologically confined seed dormancy and enhancing germination frequency in recalcitrant plant species (Shah, 2007). Similar to our results GA₃ and KNO₃ have shown significantly positive effects on germination in Aconitum heterophyllum (Srivastava et al. 2008). However, preconditioning treatments of seeds, such as application of H2O2 and KNO3 may not necessarily enhance seed germination in many plant species (Jorge et al., 2006).

Effects of explants type and PGR on callus induction frequency: Several types of explant were exploited in preliminary experiments for determining the most pertinent explant in callus organogenesis (Fig. 1b). However, cotyledon explants showed highest potential of callus formation (54%) on MS medium supplemented with 4.0 mg/L NAA and was exploited for subsequent extensive experiments with different other PGRs (Table 1).

Callus induction frequency was incremented further (88%), when cotyledon explants were incubated on MS medium containing NAA and TDZ at 4.0 mg/L each. After seven days of explants inoculation on the culture media, the cut ends of the explants were observed for initiation of callus formation.

Callus growth characteristics were observed visually and were found significantly different in

response to different PGRs tested (Table 1). Soft, friable and yellowish green calli with diameter (1.3 cm) were observed in culture flasks at the aforementioned PGR treatment after four weeks of explant cultivation. Similar observations in callus formation were observed in Silybum marianum by Khan et al. (2014). Higher levels of TDZ favored higher callus formation in current study, however a decline in callus organogenesis was observed for Kin or BAP at higher levels when combined with 4.0 mg/L NAA.

Thidiazuron has been reported as the potent growth regulator in callus induction and organogenesis in many commercially important plant species. The higher morphogenic potential of TDZ can be explained by its regulatory role in acquisition of the explants cellular competency to activate the metabolic pathways, resulting in the production of the elevated levels of the indigenous growth hormones, particularly cytokinins those in turn can facilitate induction and proliferation of callus (Khan et al., 2014).

Lowest callus formation frequency (30%) was observed on MS medium supplemented with 2.0 mg/L BAP. However the callus induction frequency was enhanced by combination of 2.0 mg/L of BAP with 4.0 mg/L of NAA. No callus induction response was observed in control treatment (MS0).

In another study, highest callus induction frequency (82%) of *N. sativa* was observed when epicotyle explants were cultured on MS medium containing 2.0 mg/L Kin +1.0 mg/L NAA (Chaudhry *et al.*, 2014). Alemi *et al.* (2013) reported highest callus induction in *N. sativa* explants on MS medium containing 1.0 mg/L 2,4-D plus 2.15 mg/L Kn. In accordance to our data, the application of NAA alone or in combination with BAP enhanced callus formation in *Silybum marianum* (Khan *et al.* 2014). During explants culturing negligible (2%) microbial contamination was observed. This might be due to the fact that the explants used were taken from *in vitro* grown seedlings which are often less susceptible to surface contamination in comparison to *in*

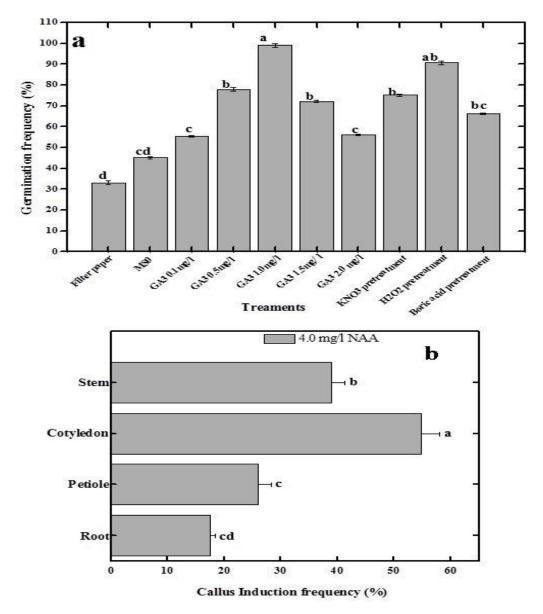


Figure 1:

- a): Assessment of the effects of pre-soaking treatments with different chemicals on seed germination frequency in Nigella sativa L. Data are the mean values of triplicate experiments with \pm SE. Different alphabets on the columns represent significance in data at P < 0.
- b): Assessment of the effects of different explants on *in vitro* callus induction frequency on MS medium supplemented with (4.0 mg/L) NAA. Data are the mean values of triplicate experiments with \pm SE. Different alphabets on the columns represent significance in data at P < 0.

vivo raised explants for micropropagation (Abbasi et al., 2010). Callus organogenesis is attributable to multiple factors for instance type of explant, genetic makeup of the explant, type of PGR, nutrient media and in vitro culture conditions (Khan et al. 2014)

Callus growth kinetics: In callus cultures, growth kinetics was inspected to determine the impact of bioprocessing on antioxidant potential in relation to biomass accumulation. Growth curve was characterized

by distinct growth stages of lag phase (7 days), log phase (28 days) and stationary phase (7 days) for accumulation of biomass (Fig. 2). Compared to starting inoculum, more than eight-fold increase in biomass was observed. Within the log phase, on day 35 maximum biomass accumulation (FBM: 155 mg/l, DBM: 13.2 mg/l) was harvested in the growth curve. Color of callus culture was also changed during growth kinetics. It was light green at lag phase, yellowish green during log phase and brownish in the stationary phase. Further, a direct correlation was

observed between callus dry biomass accumulated with days in the growth curve. In a similar study in *Artimisia absinthium*, Ali *et al.*, (2013), reported highest biomass accumulation on MS medium fortified with TDZ and NAA at 1.0 mg/L each.

Biochemical parameters during growth kinetics of callus culture: Plant polyphenols are the bioactive secondary metabolites, produced as a consequence of stress condition by plant cell to mitigate the detrimental effects of stress mediated free radicals. The important classes of the polyphenols are the low molecular weight phenolic acids and flavonoids, which are having prominent antioxidant activity and pharmacological interest in treatment of many human diseases (Khan et al. 2015). The higher amount of phenolics (1.48 GAE-mg/g-DW) and flavonoids (0.58 RE-mg/g-DW) were detected on day 35 in the callus growth curve (Fig.4a&b). Both TPC and TFC displayed a growth dependent pattern and were found in correlation with DBM (r=0.96, p=0.095) in the growth curve (Table. 2). During unusual conditions, reactive oxygen species (ROS) such as O2⁻ are produced in abundant amount that

can cause an oxidative burst and eventually damage the cells (Sreelatha and Padma, 2009). Phenolics and flavonoids are produced as defense chemicals in plants and act as efficient scavengers of the ROS (Kosar et al.2011). Assessment of the antioxidant potential through DPPH⁰ free radical scavenging method can confirm the antioxidant nature of the metabolites present in a plant sample (Abbasi et al. 2010). Highest antioxidant activity (88%) was observed on day 42 in the growth curve (Fig. 4c). Further, a sequential increase in activity was observed with progression of days during growth kinetics. Interestingly, the DPPH free radical scavenging activity correlated the DBM (r= 0.96, p= 0.023) in the growth curve (Table. 2). The antioxidant potential of natural products is due to the presence of phenolics and flavonoids present in a variety of medicinal and aromatic plants (Matkowski, 2006). Therefore, plant in vitro technologies are widely exploited for the production and enhancement of such high value added natural products as promising source of natural antioxidants (Abouzid et al. 2010).

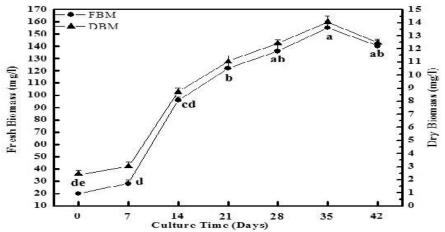


Figure 2: Growth kinetics and biomass accumulation of callus culture in Nigella sativa L on MS medium supplemented with TDZ (4.0 mg/L) +NAA (4.0 mg/L). Data are the mean values of triplicate experiments with \pm SE.

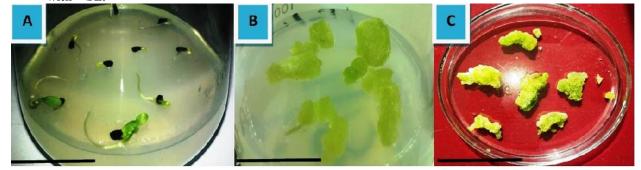


Figure 3: Pictorial presentation of the *in vitro* cultures in *N. sativa*. A): *In vitro* seed germination B and C): Callus formation, bar=1mm

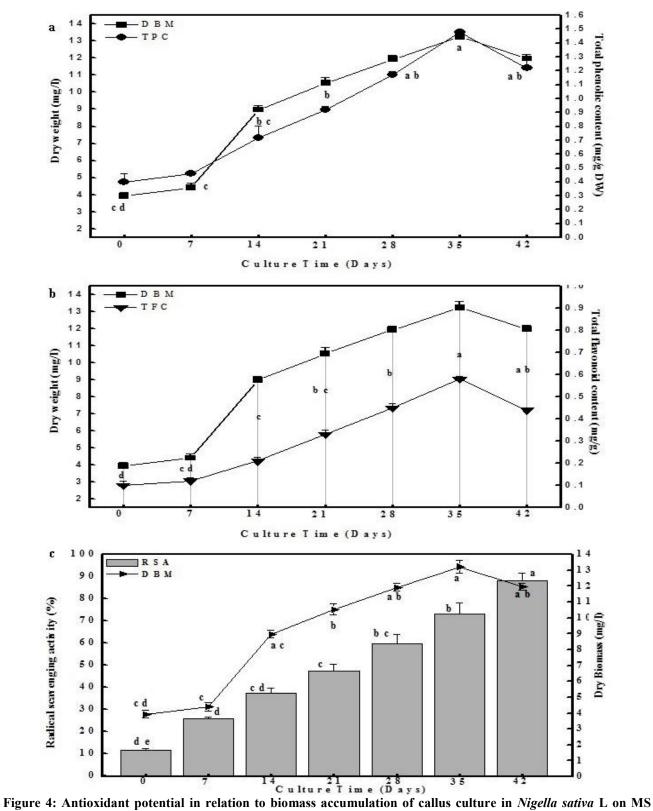


Figure 4: Antioxidant potential in relation to biomass accumulation of callus culture in *Nigella sativa* L on MS medium supplemented with TDZ (4.0 mg/L) +NAA (4.0 mg/L). (a): TPC (b): TFC and (c): antioxidant activity (%).

PGRs (mg/L)	Callus induction frequency	Callus diameter (cm)	Callus color	Callus texture
MS0				
2 NAA	48.9 ± 2.33^{bc}	1 ± 0.15^{b}	Yellowish green	Friable
4 NAA	56.5 ± 1.94^{bc}	1.2 ± 0.08^{ab}	Yellowish green	Friable
6 NAA	34.8 ± 2.25^{cd}	$0.9 \pm 0.01^{\rm b}$	Yellowish green	Friable
2 BA	30.7 ± 2.48^{cd}	$0.5 \pm 0.01^{\rm cd}$	Dark green	Hard
4 BA	55.7 ± 2.65^{bc}	0.7 ± 0.02^{bc}	Dark green	Hard
6 BA	$48.6 \pm 2.79^{\circ}$	$0.3 \pm 0.02^{\rm cd}$	Dark green	Hard
2 Kn	$43.7 \pm 1.30^{\circ}$	0.2 ± 0.01^{d}	Light green	Granular
4 Kn	59.6 ± 1.59^{b}	$0.4 \pm 0.03^{\rm cd}$	Light green	Granular
6 Kn	33.9 ± 1.87^{cd}	$0.3 \pm 0.02^{\rm cd}$	Light green	Granular
2 TDZ	54.6 ± 2.39^{bc}	$0.5 \pm 0.03^{\circ}$	Yellowish green	Friable
4 TDZ	77.3 ± 2.81^{ab}	0.8 ± 0.02^{bc}	Yellowish green	Friable
6 TDZ	67.2 ± 2.94^{b}	$0.6 \pm 0.02^{\circ}$	Yellowish green	Friable
2 KN +4 NAA	61.9 ± 3.37^{b}	$0.4 \pm 0.03^{\rm cd}$	Light green	Soft & loose
4 KN +4 NAA	72.3 ± 3.24^{ab}	$0.6 \pm 0.01^{\circ}$	Light green	Soft & loose
6 KN +4 NAA	35.8 ± 2.68^{cd}	$0.3 \pm 0.03^{\rm cd}$	Light green	Soft & loose
2 BA +4 NAA	64.9 ± 3.16^{b}	1.3±0.01 ^a	Dark green	Granular
4 BA +4 NAA	57.7 ± 2.83^{b}	1.1 ± 0.02^{ab}	Dark green	Granular
6 BA +4 NAA	33.1 ± 1.88^{cd}	0.9 ± 0.02^{b}	Dark green	Granular
2 TDZ +4NAA	68.6 ± 3.82^{ab}	$0.8{\pm}0.02^{\rm bc}$	Yellowish green	Friable
4 TDZ +4NAA	88.6 ± 3.69^{a}	1.5 ± 0.11^{a}	Yellowish green	Friable
6 TDZ +4NAA	72.1 ± 3.91^{ab}	1.2 ± 0.01^{ab}	Yellowish green	Friable

Table 1. Effects of varying levels and combinations of auxins or cytokinins on callus induction and growth characteristics in *Nigella sativa* L.

Table 2. Descriptive statistics of the impact of the cultivation period during growth kinetics on antioxidant potential in relation to biomass accumulation of callus culture in *Nigella sativa* L. (Min= Minimum, Max= Maximum, SEM= Standard Error of Mean

	Mean	Variance	SEM
DBM	9.28	13.98	1.41
TPC	0.91	0.16	0.15
TFC	0.32	0.03	0.07
FRSA	48.86	721.55	10.15

Conclusion: It is concluded that cotyledon explants incubated on MS medium containing 4.0 mg/L TDZ plus 4.0 mg/L NAA can produce abundant amount of callus. Bioprocessing enhanced further the biomass formation and antioxidant activity in callus cultures. A biomass dependent pattern in the antioxidant secondary products was observed in the growth curve. Thus a simple and efficient method for production of biomass and antioxidant potential in callus cultures of Black cumin was established, which has the potential for industrial production of health promoting natural products.

Acknowledgement: Arsh Bibi acknowledges Dr. Bilal Haider Abbasi, for providing lab facility in the department of Biotechnology, Quaid e Azam University, Islamabad.

Author contribution: Research work presented in this manuscript was carried out in collaboration between all authors. ZRM defined the research theme and planned the experiments. AB and MA performed the experimental work. MAK and MA evaluated the results and wrote the manuscript.

Competing interest: All the authors declare no conflict of interest.

REFERENCES

Abbasi, B.H., M.A. Khan, T. Mahmood, M. Ahmad, M.F. Chaudhary, and M.A. Khan (2010). Shoot regeneration and free-radical scavenging activity in *Silybum marianum* L. Plant Cell Tiss. Organ. Cult. 101:371–376.

Abdel-Zaher, A.O., M.S. Abdel-Rahman, and F.M. Elwasei (2011). Protective effect of Nigella sativa oil against tramadol-induced tolerance and dependence in mice: role of nitric oxide and oxidative stress. Neurotoxicol. 32(6): 725-733.

Abouzid, S.F., A.A. El-Bassuon, A. Nasib, S. Khan, J. Qureshi, and M.I. Choudhary (2010). Withaferin A production by root cultures of Withania coagulans. Int. J. Appl. Res. Nat. Prod. 3: 23-27.

Alemi, M., F. Sabouni, F. Sanjarian, K. Haghbeen, and S. Ansari (2013). Anti-inflammatory effect of seeds and callus of Nigella sativa L. extracts on mix

- glial cells with regard to their thymoquinone content. AAPS Pharm Sci. Tech., 14(1): 160-167.
- Ali, M., B. H.Abbasi, and I. Haq (2013). Production of commercially important secondary metabolites and antioxidant activity in cell suspension cultures of Artemisia absinthium L. Ind. Crops. Prod. 49(0):400-406.
- Atta, M.B. (2003). Some characteristics of Nigella (Nigella sativa L.) seed cultivated in Egypt and its lipid profile. Food Chem. 83(1): 63-68.
- Chang, C., M. Yan, H. Wen, and J. Chern (2002). Estimation of total flavonoids content in propolis by two complementary colorimetric methods. J. Food Drug Anal. 10:178-182.
- Chaudhry, H., N. Chaudhry, Fatima, and I. Z. Ahmad (2014). Establishment of callus and cell suspension cultures of Nigella sativa L. For thymol production. Int. J. Pharm. Pharmaceutic. Sci. 6(1):788–794.
- Cie'sla, Ł., I. Kowalska, W. Oleszek, and A. Stochmal (2012). Free radical scavenging activities of polyphenolic compounds isolated from Medicago sativa and Medicago truncatula assessed by means of thin-layer chromatography DPPH rapid test. Phytochem Anal 24: 47-52.
- Dissanayake, P., D.L. George, and M.L. Gupta (2010). Effect of light, gibberellic acid and abscisic acid on germination of guayule (Parthenium argentatum Gray) seed. Ind. Crops Prod. 32: 111-117.
- Dreher, D., and A.F. Junod (1996). Role of Oxygen Free Radicals in Cancer Development. Eur. J. Cancer, 32: 30-38
- Finch-Savage, WE, and Leubner Metzger G (2006). Seed dormancy and the control of germination. New phytologist, 171(3): 501-523.
- Halliwell, B. (2001). Role of Free Radicals in the Neurodegenerative Diseases: Therapeutic Implications for Antioxidant Treatment. Drug Aging, 18: 685-716.
- Halliwell, B. and J.M.C. Gutteridge (2007). Free Radicals in Biology and Medicine. 4th ed. Oxford University Press Inc., New York, USA.
- Jorge, M.H., M.E. Veatch Blohm, D.T. Ray, and M.A. Foster (2006). Guayule seed germination under different conditioning treatments. Ind. Crops Prod. 24: 60-65.
- Khan, M.A., B.H. Abbasi, N. Ahmed, and H. Ali (2013). Effects of light regimes on in vitro seed germination and silymarin content in Silybum marianum. Ind. Crops Prod. 46: 105-110.
- Khan, M.A., B.H. Abbasi, H. Ali, M. Ali, M. Adil, and I. Hussain (2015). Temporal variations in metabolite profiles at different growth phases during somatic embryogenesis of Silybum marianum L. Plant Cell Tiss. Organ Cult. 120:127-139.

- Khan, M.A., B.H. Abbasi, and Z.K. Shinwari (2014). Thidiazuron Enhanced Regeneration and Silymarin Content in *Silybum marianum* L. Pakistan J. Bot. 46: 185-190.
- Khan, T., B.H. Abbasi, M. A. Khan, and M. Azeem (2017). Production of biomass and useful compounds through elicitation in adventitious root cultures of Fagonia indica. Ind. Crops and Prod. 108: 451-457.
- Kosar, M., F. Goger, and K.H.C. Baser (2011). In-vitro antioxidant properties and phenolic composition of Salvia halophila Hedge from Turkey. Food Chem. 129: 374-379.
- Matkowski, A. (2006). Plant phenolic metabolites as antioxidants and mutagenesis inhibitors. In: Blume Y., D.J. Durzan, P. Smertenko, editors. Cell biology and instrumentation: UV radiation nitric oxide and cell death in plants. NATO Science Series: Sciences Amsterdam: IOS Press, 129-48.
- Nikolic, R., N. Mitic, R. Miletic, and M. Neskovic (2006). Effects of Cytokinins on In Vitro Seed germination and early seedling morphogenesis in Lotus corniculatus L. J. Pl. Growth Regul. 25: 187-194.
- Salem, M.L. (2005). Immunomodulatory and therapeutic properties of the Nigella sativa L. seed. Int Immunopharmacol 5(13-14): 1749-1770.
- Shah, S.H. (2007). Physiological effects of pre-sowing seed treatment with gibberellic acid on Nigella sativa L. Acta Bot Croat. 66 (1), 67–73.
- Shoji, H., Y. Yamashiro, and B. Koletzko (2008). Oxidative stress and antioxidants in the perinatal period, In: Oxidative Stress and Inflammatory Mechanisms in Obesity, Diabetes, and the Metabolic Syndrome, L. Taylor & Francis Group, Boca Raton, FL, 72.
- Sreelatha, S. and P.R. Padma (2009). Antioxidant activity and total phenolic content of Moringa oleifera leaves in two stages of maturity. Plant Food Hum. Nutr. 64: 303-311.
- Srivastava, N., V. Sharma, A. K. Dobriyal, B. Kamal, S. Gupta, V.S. Jadon, and A. Ameri. (2008). Standardization of sterilization protocol for micropropagation of Aconitum heterophyllum-An endangered medicinal herb. Biotechnol. 10(2): 1018-1022.
- Valko, M., D. Leibfritz, J. Moncol, M.T.D. Cronin, M. Mazur, and J. Telser (2006). Free radicals and antioxidants in normal physiological functions and human disease. Int. J. Biochem. Cell Biol. 7: 45-78.
- Velioglu, Y, G. Mazza, L. Gao, and B. Oomah (1998). Antioxidant activity and total phenolics in selected fruits, vegetables, and grain products. J. Agric. Food chem. 46: 4113-4117.